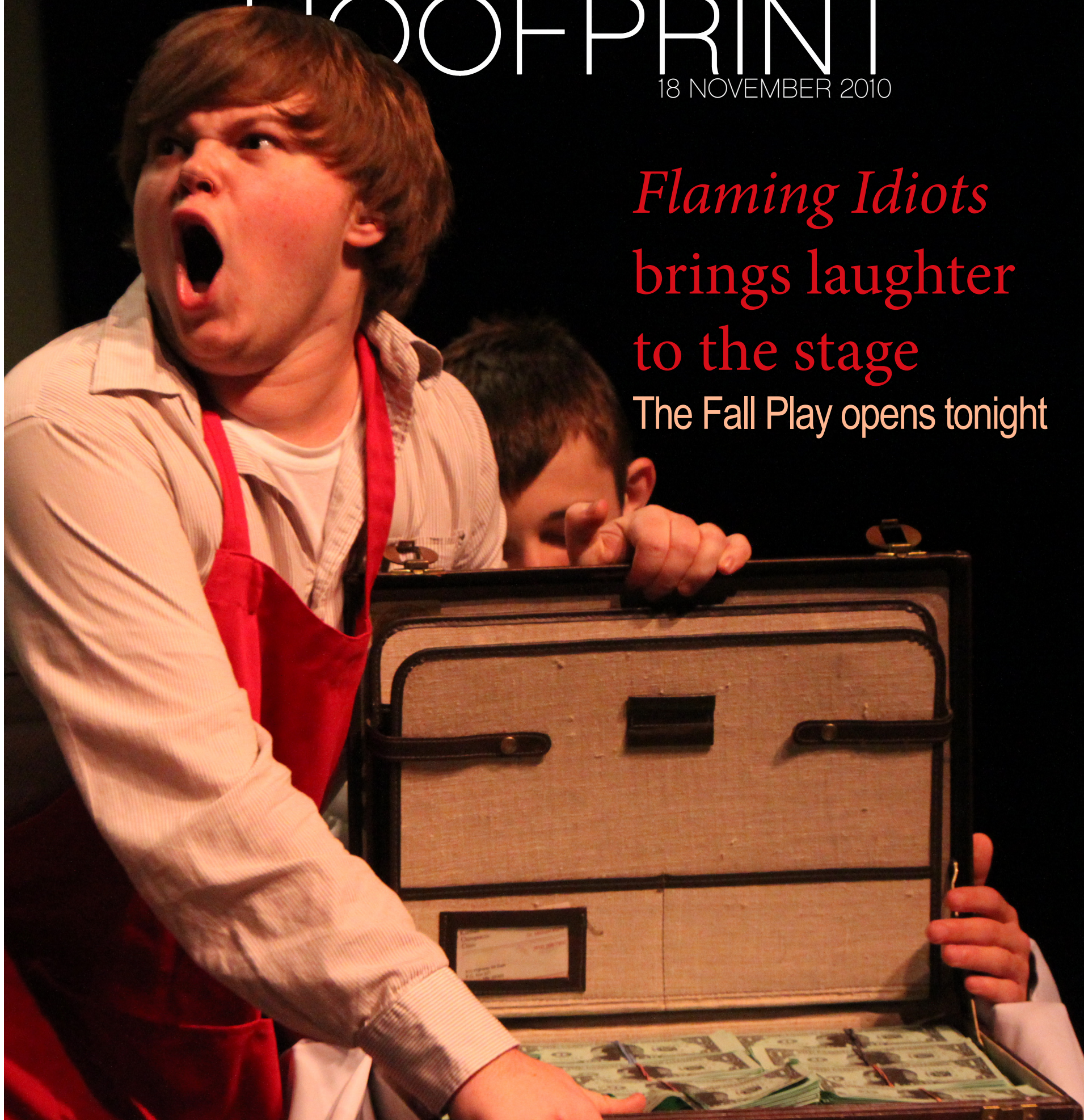


ADOPTION CHANGES LIVES • REALITY TV HITS BHS

FOOTPRINT

18 NOVEMBER 2010

Flaming Idiots
brings laughter
to the stage
The Fall Play opens tonight



Cultures United Talent Show

The talent show is December 8, from 5:30-7:30 p.m.

NATE SPANIER
STAFF WRITER

"I've always admired Cultures United," said Senior Mark Johnson-Miller, a guitarist and singer performing in Cultures United. Cultures United, a multi cultural talent show, will be held from 5:30-7:30 on December 8th. Cultures united costs \$7 per adult and \$5 per student, a very reasonable price for dinner and a show. The event offers cultural foods from Rancho Grande, Best of India, and China Buffet. It is expected that there will be several hundred attendees.

Cultures United will feature a variety of acts including dance, comedy, and musical performances. Senior Lauren Baer, a dancer performing in Cultures United, said, "I don't get to dance outside of school, so it's a good opportunity." Lauren will be performing Ruby Blue with Sophomore Celest Kulzer.

"Anything that can incorporate music and doing good into is awesome," said Junior Kaelie Lund, who will be singing Taylor the Latte Boy. Kaelie who has been singing since "jumping out of the womb," plays the piano in addition teaching small children the art of underwater basket weaving.

The comedy routine Android Act will be performed by Junior Andrew and Junior Korbin Canny. In addition to dancing, Andrew likes to sing and performing in theater. Korbin enjoys dancing and pogo sticking in his free time.

There are many reasons to attend Cultures United. There will be many great performances by a very diverse and talented group of individuals. Cultural foods from many venues will be provided for the price of admission. Most of all Cultures United will be a great social experience.

Cross Country sets BHS State record

The boys cross country team, along with Haley Downing, went to State on November 6. Buffalo placed 12th.

SHELBY MAZONIO
STAFF EDITOR

On Saturday, November 6, Buffalo High School's Cross Country team went to state, which was held at St. Olaf College in Northfield, Minnesota. Participants included Seniors Jon Wedemeier and Josh Wedemeier, Junior Matt Dierich, and Sophomores Michael Swearingen, Blake Solberg, Dan Pettit, and Bo Brallier. Freshman Haley Downing was the only girl to make it to state.

Adrenaline rushed through the runners as they prepared for the race. The team was in Lane One. For Swearingen, one of his favorite parts was the beginning. When the gun went off, there was a loud rumbling as the runners created a massive stampede, fighting for a place before the path narrowed, forcing them to push back. "It was solid. At first it's like, oh my gosh, this is so cool!" Swearingen said. "Then you realize you still have two miles to go."

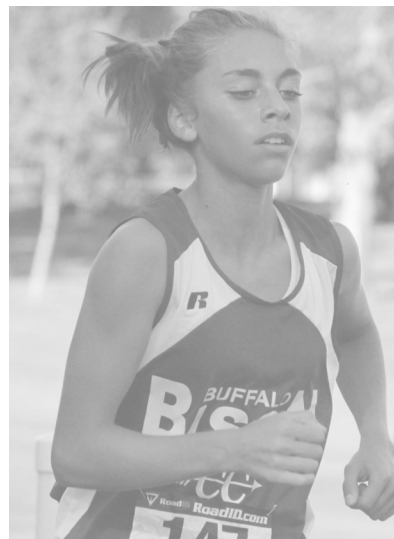
Runners made their way through hilly terrain and through a small 'forest'. The weather was nice and warm, perfect for running. At the two mile mark, runners began to tire and stress, but thoughts of actually making it to state kept pushing them forward. As they get near the final couple hundred yard stretch, runners can hear the screams of the hundreds of people cheering them on. Pumped by the cheering, they persevere and finish out strong.

How did they do? The team placed 12 out of the 16 cross country teams. This was the best they have ever placed at state before. "It was a lot of fun," Swearingen said. "It was a good experience."



NICHOLAS WEEKS

Senior Blake Solberg was one of the eight BHS cross country runners to make it to State.



NICHOLAS WEEKS

Freshman Haley Downing was the only BHS girl to make it to cross country state.

GMSA Hosts Dinner

Globally minded student Activists (GMSA) is hosting a dinner on December 11th, 2010 from 5 to 8 p.m. One hundred percent of the proceeds will be going to help Invisible Children, an organization helping to build schools in war-torn Northern Uganda.

Editors-in-Chief:

Valerie Ostvig & Mitch Budde

News Editors:

Olivia Wyatt & Delaney Freer

Opinion Editors:

Kaelie Lund & Colm Macnab

Features Editors:

Sadie Holland, Hope Mueller & Madalyn Nones

Arts & Entertainment Editors:

Kala Czanstkowski & Kayla Schimmele

Spotlight Editors:

Nick Weeks & Caroline Persons

Sports Editors:

Beth Leipholtz

Photography Editors:

Nina Downer, Michael Swearingen, Megan Ask & Andrew Pierre

Photo Story:

Kelsey Hane

Staff Writers:

Liza Davis, Beth Macnab, Nate Spanier & Shelby Maznio

Cover/Design Editor:

Nick Weeks

Adviser:

Ryan McCallum

The Hoofprint is the official student-produced newspaper of Buffalo High School. It is published monthly during the school year.

Letters to the editors and guest columns are welcome. Letters must be typed and signed with the author's name, year in school, and contact information for verification. The Hoofprint reserves the right to edit obscene and potentially libelous material. All letters become property of The Hoofprint and will not be returned.

Opinions contained within this issue reflect the viewpoint of the author only and do not represent the opinions of The Hoofprint staff or the staff and administration of Buffalo High School.

The Hoofprint is printed at the Wright Country Journal Press. Our production office is located in Room A-209. The editorial office phone number is (763)682-8162. Our mailing address is Buffalo High School, 877 Bison Blvd, Buffalo, Minn., 55313. Emails should be sent to mail@hoofprint.net.

More news and information about Buffalo High School can be found online at hoofprint.net.

FFA State of Mind

Students reflect on their experience at the FFA state competition

CHEYENNE HICKMAN
STAFF WRITERS

Picture yourself standing on the arena wall. Animals are making noises, and the dirt from the arena is moist. Silence. No one can make a sound, concentration is everything. You turn your back to the crowd of horses, and can hear footsteps hit cement before they step onto the dirt. Anticipation makes you anxious, you want to turn around but can't. Finally its time, the main announcer says, "You may now begin."

The rush of adrenaline fills you as everyone turns around to see four horses lined up ready to be judged. The two minutes fly by and the horses must switch positions. Looking at their legs, muscles, defined features, and any flaws visible to the naked eye. The intense ten minutes are over, you can take a breath of relief, one class is over. After five more classes, the tension releases from your body. Walking out of the arena, eyes of young teens are staring at you thinking the same, thing you are. "How did I do?"

There are four to five people per team. The top four people on the team that score the highest all count for the final score. A team is composed of Freshmen, Sophomores, Juniors, and Seniors. The fifth person's score gets taken off so the team has a better outcome. Five to six teams from Buffalo get to go to State and compete. All together there are sixty teams that go to state. They practice the same way when they go to regions as they do when they go to State.

"The crops team gets together one day out of the week to practice what we have to do and what we need to know in order to do well," said Junior Taylor Schmidt. "For crops we practice naming what kind of seed we are looking at."

"For horse team we practice once a week. We mainly practice our oral reasons. They are worth fifty points on our final scores," said Junior Jodie Kowalke.

To get to state you have to qualify at regions. At regions there are 48 teams. There

are more than one region contest. The point of regions is to narrow down what teams are the best and can go to State.

"I was nervous about going to state," said Schmidt. "I had a feeling I was going to do bad, I thought I should have practiced harder."

"I was a little nervous for us all, but I have learned from the past that if you just do it and not worry so much... whatever happens happens," said Kowalke.

"Pretty chill, calm, I wasn't too worried, just went in with a clear mind, and did well," said Senior Dennis Bechtold.

Everyone has a different opinion about why they want to go to state. Some want to go to get out of school, some want to hang out with friends, and some want to go to know how far they can make it, or know where their team places.

"I think it's the fact that I am the only girl on the Buffalo crops team so that makes me want the "girls" to win. I want to prove that girls are just as

good with crops as boys," said Schmidt

"State is a fun, good competition, and a good place to test yourself," said Bechtold.

Although State is fun it is not the judging that is most remembered. Its going and hanging out with friends, making new friends, and getting to know your team members better.

"Last year we were trying to write a set of oral reasons on my little pony fruit snacks, we got bored with it and started singing Shots by LMFAO after getting hyper then we started running around our level of the hotel singing and dancing," said Kowalke.

"The pool was the best part, it was just a good time to chill and relax before and after having to judge," said Bechtold.

All the excitement of judging at State can get to how someone feels. It all depends on how someone thinks about the up coming event. If you have a calm feeling you will stay calm, you wont get all worked up and worry about things that won't matter in the end.



More than Number Crunching

A glance at the school's finances

DEANNASPIER & KATIEGATZKE
STAFF WRITERS

"No two days are exactly the same in our world, the amount of money we spend changes daily," said Director of Finance and Operations Gary Kawelewski.

Schools are funded on how many students there are, around \$170 per student. The finance of operations group determines ahead of time which department needs the least and the most money.

"It used to be a bigger school funding," said Kawelewski. "Then it started getting smaller because class requirements grew, so there became less time for electives."

Out of 60 students surveyed, 30 students said no, they don't care about school budgets and costs and 30 students said yes, they do care about school budgets and costs.

"A neat part of our job is when figuring out bus routes, we actually go and ride the buses to see what works out best for the students and bus drivers," -Business Office/Finance Controller Tina Burkholder.

Some of their jobs are not always about financing and budget it's also about doing what's best for the students. When they first start figuring out bus stop routes, they put every student's address into a computer and it comes up with the best bus stop routes, according to the amount of people that fit and age groups. If they get a call about a request or situation they have to go through the route, figure out the problem, fix the problem, then see if it works and if it is better for the students and bus drivers.

"The taxes you pay when you buy something actually helps pay for your education," said Burkholder.

Financial Secretary Barb Christensen keeps the school running on a day to day basis. Christensen does everything from answering phone calls to searching for the best deals to make our school a better place, to catching kids trying to skip school.

"Basically, I shop around for the best deals," said Christensen.

If the budget for the school year was condensed into 180, 8-hour days...

one second: \$2.37	one minute: \$142
one hour: \$8,549	one school year: \$12,310,077

School Budgets for...

Salary \$7,467,519	Trash \$13,000
Benefits \$2,542,840	Sewage & Water \$32,000
Supplies & Materials \$348,180	Vandalism \$1,000
Fuel \$225,000	Electricity \$180,000

Losing Loved Ones

BHS students cope with the loss of family and friends

MORGANLUBBEN, TYLERBURG & COLTONHAIGHT
STAFF WRITERS



Sixty-nine percent of the teenagers that have lost a loved one think about their lost loved one regularly.

“When I walked into the hospital room I knew something was wrong,” said Senior **Cody Otto**. “I saw my friends and family crying, and that’s when it finally hit me that I had just lost my dad. I couldn’t believe it at first.”

“My dad was a big influence in my life,” said Senior **Justin Lang**, who lost his dad a year and half ago. “I go to his grave about once a week as part of the grieving process. It’s a ballin’ grave stone, by far the best I have ever seen. It’s perfect for him.”

“After my dad died I was the only guy in the house,” said Otto. “It’s hard when you’re only ten years old and you have to grow up without a father, but I try to visit his grave site as much as I can and keep him in my mind.”

Otto isn’t the only teenager that regularly thinks about the loved one that he has lost. 69 percent of teenagers that have lost a loved one still think about their lost loved one regularly. 73 percent also say that their life would have been better if their loved one was still around.

“I think my life would be better if my dad was still around,” said Freshman **Caitlin Black**. “After I lost him to cancer two years ago, I’ve become more distant from the rest of my family. I’ve had to learn some things and kind of grieve on my own.”

The grieving process has five stages: Denial and Isolation, Anger, Bargaining, Depression, and Acceptance. The grief that follows such a loss can seem unbearable, but grief is actually a healing process.

45 percent of Americans, who lost a parent at a young age, agreed that the loss had a very negative impact on their families finances.

“When my dad died four years ago, I wasn’t sure how we were going to pay for some things,” said Senior **Colm Macnab**. “It became a big question how we were going to pay for gas, food, and the house until the legal proceedings went through.”

Teenagers cope with loses in a numerous amount of ways.

“My mom died when I was thirteen,” said Junior **Trey Wilson**. “I tried to tough it out and not think about it. I didn’t even cry on the way home from the hospital.”

76 percent of teenagers who have lost a loved one just want to be treated the same, but that rarely ever happens.

“After one of my good friends Tyler [Woods] died last year, I just wanted people to treat me the same,” said Junior **Kat LaCroix**. “I felt like people went out of their way to socialize with me. They kept expecting me to be more emotional in front of them.”

Tyler had just moved to Buffalo less than a year before she passed away last September.

“I will always remember her smile,” said LaCroix. “And the fact that she could lighten any mood, and turn a good mood into an even better one.”

Tyler wasn’t the only student lost last year. Jon Kramnic, a senior at the time, was also taken away when his car collided with a truck last November.

“Jonny and I dated for seven months,” said Junior **Amanda Krcma**. “Losing Jon impacted a lot of people. It brought us all together, including my family who supported me. My brother, Gabe, has been there for me every step of the way, even to this day.”

Family hasn’t been the only support Krcma has received. Her friends have also played a big role in helping her through the tough times.

“They often told me things to try and help me through it,” said Krcma, “But the only one that really stuck, was only the good die young.”

Extreme Makeover: SSR Edition

A select few teachers are paving a new path for SSR: teaching instead of reading.

NATHANMAZUROWSKI
STAFF WRITER

While there was a lot of thought put into choosing what to teach, there was also a long process involved with choosing who would be in Squadroni’s class. Since there were more than 80 people who signed up for Squadroni’s SSR alone, he had to try and choose who would be allowed in. While doing this he eliminated anyone who hadn’t taken his classic novel class. This was because most topics and philosophical ideas covered in classic novel would be revisited in his SSR. Being a senior was the only other requirement that needed to be met. He felt since this is the only chance for seniors to take his SSR, they should be the ones first allowed to take the class.

Even after, so turning away so many students, Squadroni still felt the class was a little larger than he had hoped for.

“Originally, I envisioned about fifteen students. Thirty is a little different than I envisioned, but I will adjust, and that’s what I’m doing,” said Squadroni.

Even though there seems to be a strong attraction to this new idea for SSR, Squadroni still feels that teachers shouldn’t necessarily switch over to teaching during their SSR time slot. In his opinion, it is a good idea to keep as many options open for students as possible. He also feels that if students wish to use the allotted time to read their novel or magazine in a standard SSR, they should have the option.

Squadroni does foresee a shift in types of SSR’s. He thinks that some teachers might see this as an exciting experience and will want to try it out.

“I think you’ll see a lot of English teachers trying out new things, and I think that students will want more options and the freedom to choose what they are reading,” said Squadroni.

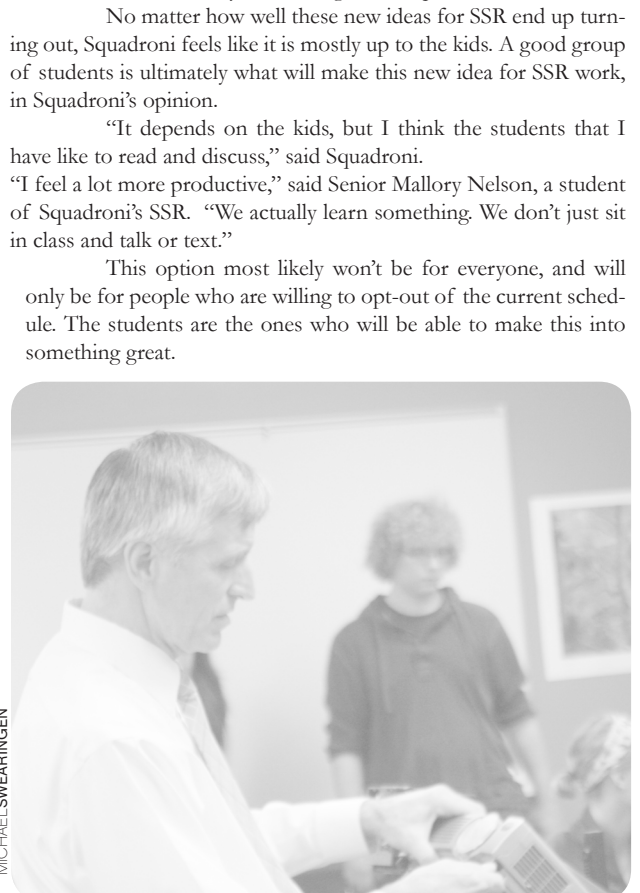
No matter how well these new ideas for SSR end up turning out, Squadroni feels like it is mostly up to the kids. A good group of students is ultimately what will make this new idea for SSR work, in Squadroni’s opinion.

“It depends on the kids, but I think the students that I have like to read and discuss,” said Squadroni. “I feel a lot more productive,” said Senior Mallory Nelson, a student of Squadroni’s SSR. “We actually learn something. We don’t just sit in class and talk or text.”

This option most likely won’t be for everyone, and will only be for people who are willing to opt-out of the current schedule. The students are the ones who will be able to make this into something great.

English Teacher Joel Squadroni prepares for his class as he plugs in the projector. Squadroni is one of the select few to try out the new SSR.

English Teacher Joel Squadroni prepares for his class as he plugs in the projector. Squadroni is one of the select few to try out the new SSR.



English Teacher Joel Squadroni prepares for his class as he plugs in the projector. Squadroni is one of the select few to try out the new SSR.

Photo Poll

How would you change school lunches?

"If I were in charge of school lunches, we would have french bread everyday."
-Senior Samuel Kemp

"I'd want longer lunches. I want to be able to have time to finish my lunch."
-Freshman Taylor Simone

"Get rid of the peanut butter. It gives you salmonella and is a waste."
-Junior Micheal Burgdorf

"I'd want to have a small restaurant replace the cafeteria. Something like an Olive Garden"
-Sophomore Jordan Johnson

"Get the slushy machine back. That thing was the best ever."
-Senior Zac Ransom

"I would make every option healthy. We need a lot more fresh things and a lot less frozen things making up our diet."
-Senior Mallory Nelson



How Lucky You Are

The Hoofprint reflects on what makes the learning environment of BHS so successful

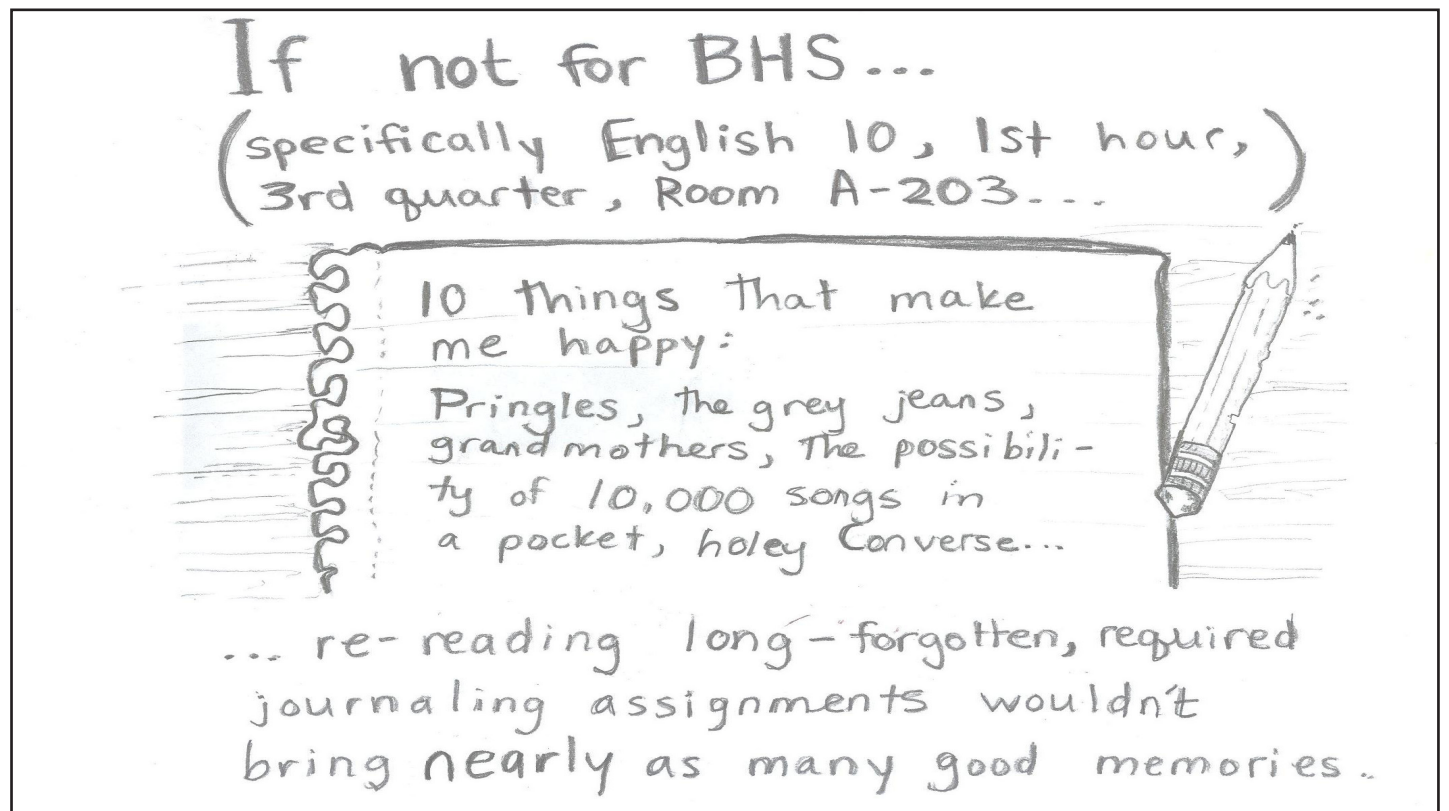
HOOFPRINTSTAFF

As students return for the second quarter from their three day weekends it's easy for time to just pass them by. Things go by so fast it's easy to take for granted what BHS does for its student body, and simply what makes BHS a great learning environment. The Hoofprint staff is getting into the spirit of thanksgiving by showing what we are grateful for at BHS.

Our school staff is incredibly supportive to the student body. Teachers go out of their way to help students understand material by staying after, offering retakes, and other special help. It's an open and friendly environment (to the point where many teachers comfortably allow students to drop the Ms./Mrs./Mr. title or even give a nickname).

Success is high on the school agenda. For over achievers in our school there are CIS and AP classes in nearly every subject. BHS even takes money out of its budget to let students participate in PSEO. Those who have gone out of their way to do good in class or activities are recognized as Feature Students, an honor for which teachers are recognized as well. The block schedule is another great example of our school listening to our wants when it would have been cheaper to go to different schedule.

Learning goes well beyond the classroom here at BHS. We have great variety of athletic teams that consistently do well (Cross Country



having recently made it to state), a dedicated theater department, and academic activities such as Mock Trial and Knowledge Bowl. BHS even has activities for students to give back to the

community (NHS, SSU) and even to help the disadvantaged throughout the world (GMSA).

The Hoofprint wants you to take some time today to to reflect and realize how lucky you

are to have such a great school. Take a second to thank your teachers and give this quarter, and the rest of the year, your best, because BHS only gives the best.

Being vegetarian shouldn't mean being hungry at school

LIZADAVIS&BETHMACNAB
STAFF WRITERS

You walk into a restaurant, sit down, and ask for a menu. As you peruse the options, you notice that, for whatever reason, 95% of the food is inedible. You are forced to order only a side of fries and a small salad. Do you leave the restaurant feeling full and satisfied? Most likely not.

To many of you, this is a foreign concept. You always have a plethora of options wherever you go to eat, including at the school cafeteria. However, for a small population of students, this is a reality. The current lunch menu prevents an overwhelming amount of food from being options for students that don't eat meat.

"I get school lunch two or three times a week, and when I do, it's always either Bosco Sticks, a pretzel, or a small tray of veggies. I'm forced to bring my own lunch most days to avoid overloading on carbs," said Junior **Angela Asleson**, who has been a vegetarian for one year.

This is true for most vegetarians. Though cheesy bread sticks and salads are always an option, they don't provide the proper nutrition that is necessary for health. Most of the vegetarian options that the school offers are high in carbohydrates and low in protein, which is a recipe for malnutrition.

Most meat-eating students are happy with the lunches that school provides, stating that there is a lot of variety and options for them to choose from. Some of those students also think that if you can't or don't want to eat school lunch, just bring your own and don't make the school take your personal views into account. But you wouldn't consider forcing someone with religious dietary restrictions to "suck it up"; that would be discriminatory. Vegetarianism is by no means a religion, but it is a lifestyle that requires



dedication and adaptability. Vegetarians at BHS are trying as hard as they can to make school lunches fit into their diet, but that task is nearly impossible when there's not a lot to work from.

Variety in our school's meal choices is highly praised by most students, but imagine having to eat the same thing day after day. You'd get sick of it fairly quick, right? The lack of vegetarian options takes away variety for those of us that don't eat meat. Everyone wants to be able to eat what they choose, but there is essentially no choice for the school's vegetarians.

Not all meat-eaters are entirely satisfied either; 55% of students say that they would enjoy lunch options that are more natural, nutritious, and plant-based. Integrating more vegetarian-friendly options into the Bison Bistro would cater to the needs of more students than one would think.

We're not asking for the school to reform their entire food service program. But in an ideal world, we, as vegetarians, would be able to walk into the cafeteria and have just as many options at our fingertips as our carnivorous companions.

Not so sweet 16 : Driving age should be 18 to prevent fatalities

EMILYDEVORE
STAFF WRITER

In our culture Sweet 16 has become almost sacred, and for many kids it means the hope of a license. I personally await that holy day with extreme impatience, when I no longer have to rely on others to get me everywhere. There's such a freedom in being able to drive. For a lot of people it's not just a matter of fun. They rely on their license to get them to jobs that they otherwise wouldn't be able to have. Though I don't want that privilege taken away, I don't think we should be given licenses at such an early age.

Not only do young drivers cause injury and death, but it all results in a huge cost. In 2006 (the latest data available according to AAA analysis) crashes involving 15-17 year olds cost more than \$34 billion nationwide. That includes medical treatment, property damage, and other costs. That's money we could still have if the age limit were 18.

The reason teens get into so many crashes is because they often lack good sense. Teens are more likely than older drivers to underestimate dangerous situations, speed, and not wear seat belts (CDC). They are the worst drivers, yet the ones that choose not to protect themselves. That's a dangerous combination. Especially since 16 year olds are 3 times more likely to die in a motor vehicle crash than the average of all drivers. (RMIIA)

Among male drivers 15-20 years old involved in fatal crashes in 2005, 37% were speeding and 26% had been drinking (CDC).

25% of 15-20 year old drivers who died in motor vehicle crashes in 2008 had a BAC of .08 g/dl or higher (CDC). That means that one in four of those underage drivers were legally

intoxicated.

In a way, it makes sense that teens would drink and drive more than people over 21. If they were drinking underage to begin with, they probably wouldn't do the safe thing by using a taxi or designated driver because that would mean admitting to it.

63% of teenager passenger deaths in 2008 occurred in vehicles driven by another teenager. 81% of teenage motor vehicle crash deaths in 2008 were passenger vehicle occupants (RMIIA). When there are more teenagers in the car, they're more likely to crash which would injure that many more kids.

If the license age was moved up to 18, kids would be more mature, which would eliminate many of the risks those statistics showed. They might take driving more seriously and would be less likely to make rash mistakes.

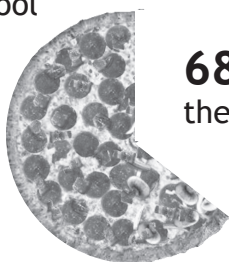
They should be given permits at 16 and have to go through two years of training. This would help make kids more experienced before they drive on their own. After two years of learning, kids would be better on the roads even if their attitude about driving was still reckless. It also guarantees that they practice in all kinds of weather while with an older driver. That's crucial in Minnesota because of our icy winters and rainy springs. Upping the age means that kids will be almost out of high school so parking lot dangers and driving to school events wouldn't be a problem.

Overall I can't think of a good enough reason to justify all the deaths happening among teen drivers. I think that the driving age needs to be moved up to 18 years so that many of these injuries and fatalities can be prevented.



93% of high school students eat lunch at school

9% are vegetarians



68% are generally satisfied with the school lunches

Favorite lunches:

14% chicken with noodles

12% salad bar

11% cheesy bread sticks



60% would like a line with more nutritious options

Choose a Healthier America

NATESPANIER
COPY EDITOR

Vegetarian lunches would help to reduce the obesity rate in America. At 30.6% obesity, according to Nationmaster statistics, America easily tops the charts on obesity. Over the past few decades the percentage has been rapidly growing, the leading causes: poor diet, and sedentary living.

Healthy habits, according to many leading nutritionists, are learned at an early age.

Allowing students more options with school lunches will lead to students making better dietary choices.

Education is the first step to healthy eating habits, and a healthy nation. Introducing healthier choices of lunches at school can help to promote healthy eating habits. If we learn better eating habits at a younger age and retain those habits throughout our lives, it will lead to a healthier and lighter America.



The Quad Squad

Seniors and Identical Quadruplets Calli, Kendra, Megan, and Sarah Durst will be featured on Lifetime Television



BETHMACNAB & LIZADAVIS
STAFF WRITERS

Photos By NICKWEEKS

"Alright, the producers want us to go back and re-stage the beginning of class," announced Yearbook advisor **Ryan McCallum**. "Can we do that?"

To the majority of high school students, his words would be a mystery. Yet a recent turn of events has introduced BHS to the world of reality television.

Seniors and identical quadruplets **Megan, Calli, Kendra, and Sarah Durst** have appeared on television since the age of five, doing shows with Jay Leno, Katie Couric, Montel Williams, and Maury Povich. Their most recent television appearance was in 2006, but last August they were offered a contract for a show of their own. Tentatively titled *The Quad Squad*, it is set to begin airing in January on Lifetime.

"MTV also offered us a contract, but we decided to go with Lifetime because we knew that they're a network that won't portray us inaccurately," said Megan.

They received a phone call in midsummer from Asylum Production Company and filming began in October.

Producer **Mark Perez** has had experience working with kids and teenagers. He has done work on such youth-centric shows as "Bug Juice," a show about summer camp; "Bound for Glory," focusing on high school football; and most notably "Laguna Beach."

"We're always very careful when we film students in high school," Perez said. "Legal protocol must be followed, including getting parental consent from everyone that's around the cameras."



Though the thought of being on national television might be intimidating, the Durst girls' close friends are adjusting well to the presence of a camera crew.

"We were worried before filming started, but everyone has been surprisingly natural around the cameras," Calli said. "We were able to prep them for it since us four already know what it's like to be on camera."

The crews typically film five days a week and for a minimum of four hours a day until shooting ends in January. Sometimes they just film downtime at home, but other times they plan events.

"They make our lives more interesting," Kendra said. "Nothing super-extravagant, like flying us out to California to go shopping or something. Events are definitely planned, but not scripted. They're kept casual."

Because of their experience with cameras, the Dursts aren't worried about being filmed. The only aspect of television they're unprepared for is what's still in store.

"The idea of being on our own TV show isn't weird now, but it definitely will be once it goes on the air," said Calli. "Not many people know about it now, so it doesn't feel as real. But it'll be odd seeing people's Facebook statuses being like, 'Watching *The Quad Squad*!'"

Even after spending so much time in the limelight, their self-image has not been inflated.

"Sometimes one of our friends will say 'Oh, you guys are like celebrities!'," said Megan. "But we don't view ourselves that way. We just want everyone to see that we're normal people, only with more arguments."

Despite going on national television as simply "The Quads," the girls will retain their individuality throughout the experience.

"I do think that some people only know us because we're quadruplets," said Sarah. "But when college comes around, we won't be 'The Quads,' we'll be individuals. Just Megan or just Sarah. This TV show is a good experience because we know we won't be together forever."

15 Minutes of Fame

Students share their moments in the spotlight

SHELBYMAZNI
STAFF WRITER

What makes a person famous? Is it their athletic abilities? Musical talent? How about academic excellence? There are a lot of people in this world that are famous, and here at Buffalo High School, we see fame pass us in the hallway without even knowing. How many people do you know that have been on television or featured in a widely-read magazine? But being famous doesn't only mean the media. Students with academic excellence make themselves known because of the hard work they do. Varsity players are noted for their talent and agility on the field. These students are famous in different ways, each as important as the other.

In the media section, Freshman **Hannah Calder**, who was featured in Kare 11's First Birthday program when she was one year old. Senior **Nate Spanier** was featured on WCCO after breaking a story about Cassidy Kava, a fake Facebook user created to collect phone numbers and email addresses of high school students, in May of 2010. A man who ran a dance club in Little Canada was posing as an 18-year-old girl on Facebook to help promote his club. Spanier was one of many whose suspicion grew so strong that he and other students at Buffalo High School blew his cover.

For royalty, Juniors **Samantha Marketon** and **Kala Czanstkowski** are both candidates for Montrose's Royal Embassadors. Seniors **Michael Pachon** and **Anna Mason** were this year's Homecoming King and Queen. They each got a chance to be in the spotlight. They got their 15 minutes of fame.

When it comes to academics, Seniors **Joe Dubois** and **Jonathon Hank** are two that rise to the top. Dubois is only 14 years old and entered the school as a 12-year-old sophomore. He's had to display academic excellence while navigating through the world of high school four years earlier than other students to be where he is today. Hank was a National Merit semi-finalist. He was one of 50,000 students who took the qualification test, and one of 16,000 who made the top scores.

Junior **Blake Schmidt** tops most all in sports. Being a four-year varsity boys hockey goalie, Fox Sports honored him as a feature athlete. All that hard work paid off for Schmidt. He was recognized for his talents, and that will definitely help him down the road.

Many students at Buffalo High School are filled with talent. It's only a matter of time before they get their 15 minutes of fame.



Senior Megan Durst helps her yearbook writer, Junior Katrina Lacroix while working on a football spread at yearbook Worknight



Seniors Megan and Sarah Durst and Junior Aryn Maznio meet with Advisor Ryan McCallum to look over a yearbook spread



Senior Sarah Durst reviews and edits her photos while at Yearbook work night

Students and teachers share their stories on a single miracle that completely transformed their lives



While growing up in Ukraine, Junior Eugene Scheurmann spent the majority of his time with other orphans inside this building. The group would sometimes compete in marching competitions involving seven-mile marches.

A new life

The care of complete strangers completely transforms the life of one Ukrainian child

EMILYDEVORE
STAFF WRITER

The rice was colored deep red beneath where he knelt. He wanted to reach down and wipe the blood from his knees, but his hands were already busy. The aching in his arms was unbearable, but if he moved, the huge bucket of water on his head would come tumbling down. The clock on the wall told him he had been there for 2 hours and 11 minutes. He knew it must be lying because it felt like so much longer.

“I shouldn’t have snuck out,” he thought. “If I ever get out of this I’m going to run away.” Junior Eugene Scheurmann was put in a Ukraine orphanage, along with his sister, when he was about five. His biological mother was an alcoholic and his father was absent so he was sent to live in a two story building where he slept in a room with 12 other kids. Often kids would misbehave by not obeying orders, fighting and sometimes even sneaking out. If caught, getting beaten, cleaning the entire building, and kneeling on rice while holding a bucket of water over their head were some of the punishments. He said that cleaning the bathroom was actually kind of fun because he got to play with water, but most of his punishments didn’t end well.

One time I ate a bunch of mushrooms while we were outside, and I ended up getting really sick ... When we got back to the orphanage, I was beaten with sticks.

“One time I ate a bunch of wild mushrooms while we were outside and I ended up getting really sick,” Scheurmann said. “I had to go to the hospital and get my stomach pumped. When we got back to the orphanage I was beaten with a stick.”



This is the school building in which Junior Eugene Scheurmann attended classes in Ukraine. Scheurmann was adopted when he was approximately 12 years old. Because he has no official record of his birth, he has to estimate his age.

While the punishments were never fun, day to day life in the orphanage wasn’t great either. They had to wear uniforms for school and special occasions. Other times they could wear what they had, which usually wasn’t much. Sometimes they’d wear sandals, but a lot of kids went around barefoot. For meals they ate in a small lunchroom.

“For breakfast we usually got macaroni and cheese with watery milk. There was no sugar and for lunch there was usually soup and bread. Dinner consisted of many things like potatoes and fried fish.”

One of the activities required of them was marching. There was no transportation so anywhere they went, they had to march. Everyday they would be lead around in their uniforms, practicing for hours. They would have marching competitions up to seven miles long.

When they finally had free time and weren’t being watched by adults, a kid was put in charge. Adults would pay them with candy, but if anything went wrong, they were punished.

It wasn’t until Scheurmann was twelve that he gained a new life through adoption. When he went through the process of getting a new family and moving to America, they realized his papers were lost. That meant no one knew when he was born or anything else about him. He was given new papers and a birth date, but there’s no way to tell exactly how old he is.

“I believe I’m 15 or 16,” Scheurmann said.

He’s had a caring and providing family for about three years now, but the memories haven’t faded.

“I kind of want to go back and help,” said Scheurmann, “I would fix up the orphanage and try to make it better for the kids.”

Mother and friend...

Despite her adoption, Senior Lauren Baer has remained close with her biological mother.

EMILYDEVORE
STAFF WRITER

Two couples stood looking through the glass at a pink bundle lying in a crib. One of the couples was indescribably happy as they thought of what their future now held. They had waited so long to gain an opportunity like this. The other couple had a sense of loss even though they knew they were doing the right thing. This was, after all, their own flesh and blood that they were giving up. Despite the differences in feelings, both couples had a shared goal. Meanwhile the baby slept peacefully, oblivious to the transition taking place that would change the person she became.

Senior Lauren Baer was adopted when she was a baby. Her mother was 16 when she gave birth to Lauren and made the decision before hand to give her up for adoption. Both her biological parents and adoptive parents were in the hospital when she was born. It was an open adoption, meaning she’s able to contact her biological mother if she chooses to.

“It’s good that mine is open because it’s like my mom actually wants me,” Baer said.

Now she sees her mom about once a year. She is friends with her on Facebook and was also in her biological aunts’ wedding two years ago.

“I’m fine with just seeing her once a year. It’s just so awkward trying to make conversation because I barely know her,” said Baer.

Even though she sees her biological mother sometimes, she doesn’t think of her as a parent.

“I definitely don’t call her Mom, that would be weird. I call her Tina since she’s more of an acquaintance.”

Her biological parents never married and now they both have more kids.

“My mom had another kid three years after me and kept it,” Baer said. “So she was OK to raise one at 20, but not 16, which is fine. My life is probably better because my parents can take care of me.”

Delivering dreams

English Teacher Heather Tierney’s dreams came true with the adoption of her daughter

EMILYDEVORE
STAFF WRITER

A man stood in front of them looking tenderly down at the baby in his arms. He had volunteered to take her from her old home and keep her safe until he delivered her to them. It was a fairly simple task, but he took it to heart. He’d met her just 24 hours earlier, yet they could see the care in his dark eyes. He finally passed the girl into her new parents arms, but he kept her hand in his palm. He leaned down and gently kissed her fingers. Then he took her face in his hands and bowed to her. Finally, he spoke to her in Korean, their shared language. There was a great joy radiating from him. He had the privilege of bringing her from her old life, into her new future.

This was English Teacher Heather Tierney’s first time meeting her adopted daughter, Harlow, two months ago.

“We decided to expand our family and after a lot of consideration we thought adoption was wonderful. We talked to people who were adopted and went to informational sessions and it felt right,” said Tierney.

Harlow was one and a half year old when she came from South Korea. Her birthmother wasn’t married and when the relationship with the father ended, she placed Harlow for adoption. She lived in a foster home up until her adoption.

The process was long and the Tierneys were nervous to meet their daughter. They waited over two and a half years to be accepted for adoption and another year to get Harlow to the US.

“Previous to the point of meeting her was all paper work so then it became very real,” said Tierney. “It went well. It took some time for her to display her real personality to us but after a while we all became very natural. She had to learn a new language but it’s going quickly. From my perspective it seems like she’s adapting well. We tried our best to prepare by reading about adoption and talking to people who have adopted. We have also been limiting the number of people she meets right now and keeping a routine.”

The Tierney family already consisted of a six year old boy who is their biological child. Tierney said that he didn’t react any differently to Harlow than if she were his blood sister. Either way it would have been an adjustment because he wasn’t the only kid anymore.



As English Teacher Heather Tierney welcomes her new daughter Harlow to her family, Mr. Chou, who brought Harlow to America, kisses her goodbye.

“When she first came to us, she was understandably scared and wouldn’t smile for a long time. Then she met her brother. When they first saw each other, he threw a ball to her and she picked it up and threw it back. She started laughing as they played catch. They didn’t even speak the same language, but it didn’t matter. The person who brought out her true personality was her brother. We learned later that as they played, she was thanking him in Korean.”

Tierney went through two very different experiences with each of her children.

“There’s a lot of differences and similarities between adopting a child and having a biological child,” Tierney said. “In both processes there are a lot of unknowns. In adoption they’re just a little harder to predict.”

Tierney said that one of those unknown things is waiting to see how Harlow adjusts to the family.

“Obviously we know how much we love her, but we don’t know her thoughts,” said Tierney. “So when she looks up, reaches for me and says ‘Mama’ with a big smile, it means a lot. Or she’ll call her dad ‘Abba’, which means daddy in Korean. It really solidifies that she’s ours.”

Their family has contact with her old foster mom, but not her biological one. It will be Harlow’s biological mom’s choice as to whether there is contact in the future.

“It’s been wonderful,” Tierney said. “It’s hard to describe, I get teary when I talk about it. It has been an amazing time for our family.”

A common name

For the Squadroni Family, the choice to adopt was well worth it, despite the minor hardships and confusion involved in the process

EMILY DEVORE
STAFF WRITER

Excitement buzzed in the air as voices anxiously called out names.

The plane had just landed causing utter chaos when the occupants disembarked. He nervously ran his hand over his name tag as he searched the crowd. There were babies all over the room being carried by Korean Diplomats. Each of them had their own sticker displaying foreign names. Some looked scared or eager and others just tired; he could relate. He knew beforehand what this was going to be like, but he still felt overwhelmed. After tons of paperwork and meetings, he would finally meet his daughter for the first time.

English Teacher **Joel Squadroni** and his wife adopted their daughter, Emily, in 1985. She was just five months old when she came to the US on a plane with about 25 other orphans. Her birth name was Yoo-Jin Park, which caused some confusion that day.

“Her name in Korean was like Bob Smith in English,” Squadroni said. “It was really common so there ended up being two kids with that name. When people started coming off the plane with the babies in their arms, we were looking at their name tags. We finally found her name, but then we saw it again on a different baby. We were really confused so we asked them about it, but they didn’t speak English. Luckily we each had a social worker and they seemed to know all the people and which children went to who. When she was given to us, I asked the social worker if she was sure this was our child. She just laughed and said yes.”

Once everything was sorted out and the parents had the right kid, they renamed her Emily Yoo-Jin Squadroni.

Emily’s biological mother was single when she gave birth; her father had left. This was looked down upon in Korean society so her mom gave her to an orphanage.

The Squadronis decided to adopt from Korea because it was one of the only places that you could get a baby rather than an older child. This made it easier for her to adapt to a new culture and family.

“Because she was so young, most of the adjustments that had to be made were more physical, like lice and dental care,” said Squadroni. “Everything else was kind of done backwards. Most kids that were adopted at older ages would have to learn English and all our customs, but she grew up with that. So instead, Emily went to Korean camps to learn about traditions and language in her birth country.”

Squadroni explained that while Emily wanted to learn about Korea, she never felt the need to visit her family there. She had an open adoption so it was her choice whether or not to meet her biological mother.

“Emily had no desire to make contact. We told her we would help her do it, but she wasn’t interested. She knew her mom was a career woman who couldn’t take care of her.”

From Squadroni’s point of view, adopting Emily not only brought a new member to the family, but also made him look at things differently.

“When your child sticks out in society, you become more sensitive to how that makes people feel. It broadened my perspective in teaching and also encouraged me to branch out and learn about other cultures.”

Stepping in for a Legend

Walking to room C203 hasn’t been the same since the retirement of Gerald Bakke. Dan Dehmer took over one day before the start of the school year.

MEGAN NESKE
STAFF WRITER

Walking through the Business resource area today, students no longer hear frequent outbursts of “middle class yuck yuck” or “Touchdown BINGO!” Now they can actually see through the windows into room C213 without pictures and newspaper clippings blocking their view. Minorities and Social Problems are being taught by a younger man sitting on a stool in front. He’s not in a chair in the middle of class rubbing his belly, playing with his hair, or stopping to admire a young girl’s feet. His class can now see the walls, save for a picture of Malcolm X and a few of Martin Luther King, Jr. There’s still an empty frame above the whiteboard, and stacks of tapes in the back corner, but where’s the wrestling pictures, the cheese head, or that Indian headdress?

On the first day of school, students were surprised to see Social Studies Teacher **Daniel Dehmer** teaching Minorities and Social Problems. They were informed that Dehmer would be subbing for Social Studies Teacher **Gerald Bakke** for the first week of school.

“I got a phone call on the Friday before school started and was asked if I would sub for the next week,” said Dehmer. “It seemed like an odd request. What teacher misses the first week of school?”

Rumors immediately spread that Bakke had retired. Students asked Dehmer about Bakke’s condition and if he was coming back.

“At first I had no idea what was going on and I didn’t feel it was my place to ask,” said Dehmer.

Dehmer was faced with the challenge of creating a lesson plan for his classes without many resources. On the first day of school Dehmer found a note from Bakke telling him that he had left all his videos for class use and that the file cabinets were full.

“I wasn’t able to use anything he [Bakke] had. Other teachers provided me with things...And I looked things up online,” said Dehmer.

Dehmer was asked to continue subbing for Bakke on a week-by-week basis, until Bakke’s retirement was finally accepted at the October 25 school board meeting. Students seem to be satisfied with Dehmer’s performance as a teacher despite their disappointment in Bakke’s absence.

“Given the situation, I think he’s actually doing good, but it’s a lot different than Bakke, and I think the students are disappointed,” said Senior **Morgan Lubben**. “Not saying I don’t like Dehmer, he’s a nice guy, but he’s no Bakke, that’s for sure.”

Dehmer has some idea what his students are feeling, being a BHS alumni and having had Bakke as a teacher himself.

“It was almost a rite of passage to have him as a teacher. Nobody can teach like him,” said Dehmer. “Kids took his class for the experience, not necessarily the subject.”

Students that had Bakke last year have noticed significant differences in the character of Social Studies classes with their former and current teachers. From the classes being taught on a purely discussion basis to the introduction of PowerPoints, worksheets, and notes.

“I thought the class would be a lot different, but I



MICHAEL SWEARINGEN

Dehmer relaxes with students during AAA. He took over Gerry Bakke’s position as Social Studies teacher the day before school started.

didn’t think it would be a whole different lesson plan,” said Lubben. “Bakke’s class was all discussion and Dehmer has notes and worksheets ... With Dehmer it’s a lot more structural, it’s a lot more planned ... Bakke made you feel like he freestyled it.

“He had his strengths and I have mine,” said Dehmer. “I can just bring my strengths and hope that they’re enough.”

Although Bakke and Dehmer exhibit very different teaching strengths, many people think that something can be learned from Bakke’s eccentric teaching style, being it proved to be very effective.

“The day he [Bakke] came into class and was hiding under the table, running around the room and just acting plain nuts,” said BHS Alumni Brian Kotilinek. “He then announced that we were gonna be studying the Mentally Insane as a Minority.

Bakke also believed in having a more personal relationship with his students, which made students remember and admire him all the more.

“I always thought Mr. Bakke knew me as a person before he thought of me as a student,” said BHS Alumni **Joseph Napper**. “In my educational experiences that style of teaching is rare.”

“Every time he brings up former students he has a gleam in his eye like they were all his children or something,” Chemistry Teacher **Charley Keifenheim** wrote on Bakke’s Facebook fan page. “I don’t know anyone who has put so much heart into their work.”

Probably one of Bakke’s most remembered traits was his uncanny ability to be the devil’s advocate during class discussions, challenging his students’ views and forcing them to reconsider them. He immersed students in current social issues on a much deeper level.

“The Bak is one of a kind...He has influenced me in so many ways,” wrote Keifenheim. “He has reminded me that it is always important to talk about issues even when those issues are difficult. We give each other a hard time about our differences and I like that. We are not afraid to jab each other. The Bak is genuine. I will always remember his spirit. I miss him at the high school.”

Fall Play Opens Tonight

Students have been preparing since late September for tonight's play *Flaming Idiots*

MARAHMOY
STAFF WRITER

After two months of rehearsing the cast of the play *Flaming Idiots* is getting ready to do their first show tonight at 7:30. The cast and crew have put in so many hours of building the set, blocking, and of course learning lines and delivery.

Rehearsals began late September after many auditions and a few call-backs. Once the final cast was selected they began to rehearse after school. Working a few scenes a day it began to come together.

"The very first rehearsals we read through the play and start blocking," said Director and English teacher **Tracy Hagstrom-Durant**. "Threaded through that is character building. If the kids aren't comfortable with each other they can't do a show. So they have to be comfortable with each other to do a show."

They did become more comfortable with each other. Figuring out how everyone works together and seeing who can step up the cast has grown close.

"Now that we've established leaders we know how we all work with each other," said Senior **Rachael Cammarn**. "Everyone is funny, accepting, and supportive. It's a great group of kids."

Soon their rehearsals moved to the Perform-

ing Arts Center where Hagstrom-Durant would start the rehearsal with announcements to the cast. Including necessary changes to the script to make it slightly more high school appropriate and they will be rehearsing for the day.

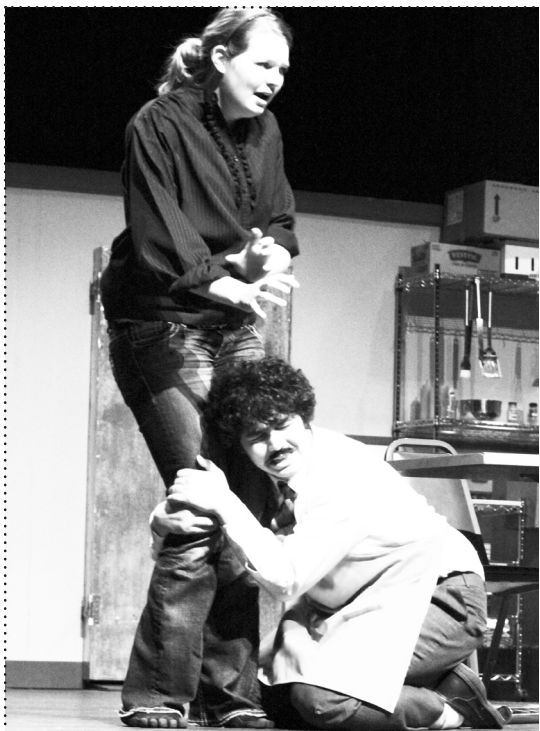
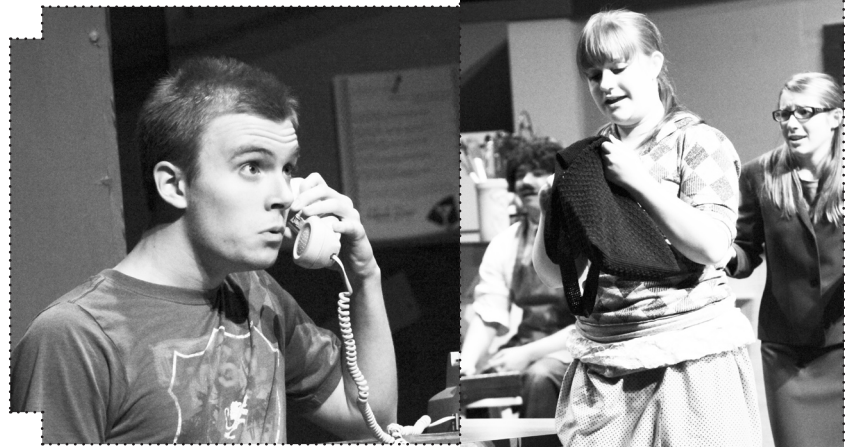
The cast begin to work on act two going through scenes that they had blocked before. They stop when someone messes up or a new idea is brought up by another cast member. Once they reached the point in the script that they haven't reach before, Hagstrom-Durant walks them through the next scenes. Blocking is when you move around the stage to figure out timing and location of the lines.

"It's fun when someone messes up because we tangent and laugh a lot," said Senior **Mallory Nelson**. "We go through blocking and pound through it. Everything about rehearsal is carried over to a performance."

The cast has been working hard for the past two months to put on a good show for their audience. Three nights to show all of the time and effort that they put in.

"They're a lot of the best of our best," said Hagstrom-Durant. "They're talented and focused on what they are doing and they love to have a good time. And they can laugh at their self."

Photos by Nick Weeks



Things to know

- Running Nov 18-20 at 7:30 pm
- \$3 for students, \$5 for adults
- Tickets are available
- 12 people are in the cast
- Rehearsals started September 29

KDWB Makes Morning Signals

Behind the relaxed scene of the KDWB studio

MARISSAMACK & MARISSADIORIO

STAFF WRITERS

“Are you going to put this in your story? ‘Dave Ryan messes with trash can!’” said Dave Ryan.

Dave Ryan and Crisco laughed as Ryan tried to pull his hand out of a garbage can, after he got it stuck while throwing something away. His face lit up as he saw one of his interviewer’s silly bands around her wrist.

“Oh you got silly bands, oh my god! What ones do you got?” said Ryan.

Ryan’s sense of humor is infectious. The host of the Dave Ryan in the Morning Show on KDWB, Ryan’s on-air personality is the same off air. He is excitable, opinionated, and positive.

There is as a very relaxed atmosphere inside the studio at KDWB. Dave Ryan and his co-hosts were gathered around two small, crammed tables covered with papers, phones, computers, and lunches. It looked as if the table hadn’t been cleaned in months. While on air, Lena fixed her hair, Dave was on the computer, and Crisco and Steve-o were texting. It almost seemed as if they didn’t know they were doing a talk show.

While some people would think Dave Ryan in the Morning Show is scripted, it’s the complete opposite. They were all chatting amongst themselves as if they’re aren’t any microphones around them. They were all on computers and their phones, searching for things to talk about. Ryan was talking about Jessica Alba movies, Lena chimed in with her opinion and everyone disagreed. Lena searched her computer for proof that she’s right. Meanwhile, Ryan was making jokes about Crisco not having a life. They seem more like good friends rather than co-workers.

“If you get a job that you really like to do I think that’s a very fortunate thing to have in life,” said Ryan, “so I’m motivated not just because I love it, but because its my job.”

He doesn’t do his job only because he loves it, but because it puts food on the table, and helps support his family. It shows he’s a family man. Who cares about putting others before himself.

“I feel successful when people say they enjoy the show.” said Ryan, “I love when people say we have an impact.”

It’s satisfying for Ryan to hear people say they like, or have been effected by the show.

“I like being a good example,” said Ryan, “and sending out messages people appreciate.”

Not only is Ryan funny, and outgoing, but he also loves what he does and loves making a difference. And he takes his job very seriously. Besides being a talk show host, he’s also a father of four. He knows that it’s his job to make people laugh and then he is able to go home and be a father too.



53%
Of Buffalo
High School
students wake
up to KDWB



Today’s Hit Music!

Behind the Radiowaves

Matching faces to the voices you know

RYLEEKULA & SANDYSWANSON

STAFF WRITERS

When we opened up the door to the station offices for 104.7 KCLD in St. Cloud, we walked in to an antique store instead. We were surrounded by glass jars, lamps, and old trinkets instead of dials, speakers, or microphones. We soon saw a fancy sign pointing toward the downstairs. We didn’t think a radio station would be in a basement of a building.

When we got to the bottom of the stairs we went from old, strange antiques stores, to a modern and cozy lobby. We waited for Kat (Mary) for a little while in the lobby. Kat works with JJ Holiday on the KCLD Morning Show. She greeted us with a big “Hello” and a handshake. She told us to follow her to an unoccupied studio. While we were walking we saw some well-dressed business men and women having a group discussion. We looked back at Kat and she was wearing a normal t-shirt and torn jeans.

“Everyday is a different day on air because of the different topics that we have each day, It really depends on the subject structure. said Kat “Its never the same job two days in a row,” adds JJ Holiday.

Kat goes on to tell us more about her job. How laid-back everything is and how people can just be themselves when everyone is around.

That was definitely a moment to remember, but Kat was even more surprised when she went to grab coffee with Derek Lee, he is the afternoon DJ on KCLD. “We went to get coffee like we do every Saturday morning, and I’m looking at the newspaper and I see a picture of me and Derek.” said Kat. “I’m just thinking to myself why are we in the newspaper? So i turned around and saw him on his knees.”

It took Derek a couple weeks to plan

the proposal at the gas station.

Derek and Kat have been going to the gas station every Saturday for about a year and a half to get coffee together. He decided to put a picture of them in the news paper and when they walked in all of the employees said they were in the paper and as Kat turned around Derek was on his knee.

“One day I realized Kat was my best friend and I liked hanging out with her more than any of my guy friends,” said Derek.

Derek Lee is just a very relaxed guy who likes to have fun. He has worked at many other radio stations throughout Minnesota, and one station in Texas. The styles of radio was very different compared to Minnesota he explained. The attitudes of the listeners in Texas were unlike Minnesota. When Derek came back to Minnesota he saw a job open for KCLD. Derek got hired by JJ Holiday (Jerme) again for his great attitude at KCLD.

“Derek’s always happy go lucky, and the easiest guy to get along with. He’s not only able but willing,” said JJ Holiday.

JJ Holiday is program director and the morning show host. He got his radio name from his baseball buddies calling him “J Holiday”. When another DJ stole that name, he decided to leave it behind. When he got his job at KCLD, he changed it back because the other guy quit radio.

“It’s a sweet to think how many people are actually listening to you,” Holiday said. “And When they listen, not just hear it. It’s a good feeling.”

From the many different personalities of people listening to KCLD to the close knit KCLD employees. Derek, Kat and JJ all said they consider each other a second family.

“Sometimes we fight,” Kat said, “but in the end we need each other.”



Left to Right: Crisco (KDWB), Dave Ryan (KDWB), JJ Holiday (KCLD) and Kat(KCLD)



FROM THE SIDELINES

Soccer player takes a new perspective on game due to injury

WHITNEY ANDERSON
STAFF WRITER

Pain can be temporary. It may last only a minute, maybe months, or a year. For Senior **Rebekah Bjork**, the pain may last a lifetime.

Last summer on June 19, during a soccer game, Bjork kicked the soccer ball as a girl from the opposing team was also trying to get the ball. She was running straight at Bjork and didn't stop, resulting in kicking the inside of Bjork's knee.

"It felt like I was shot," said Bjork. "I was screaming my head off."

Bjork knew it wasn't going to be an injury that she could just walk off.

"First I was told I sprained my MD and would be out for the summer. I just didn't want to believe it at first, then I started crying," said Bjork.

Bjork later found out that she tore her ACL and slightly tore her lateral meniscus. She was told not to participate in contact sports for six to eight months. It took her two months to start slowly trying to run again.

"[Not playing] is very hard and also frustrating, being on the bench and not being able to go out there. [When we play] big games I just want to be [on the field playing]," said Bjork.

Bjork has been playing since she was four years old. What should have been her fourteenth year of playing was instead spent watching from the sideline. She is now manager of the girls' varsity soccer team. Bjork, who has been on varsity since freshman

year, is now seeing a whole different game from the sidelines.

"I see what everyone is doing wrong and I think of what I would've done differently," said Bjork.

As all returning varsity players know, Bjork was the go to girl for just about everything. She was a leader on the team last year and held the defense together. Bjork feels that although her teammates still rely on her, that it's in a different way. Since she isn't out on the field, she feels like she really can't have much input about the game.

Bjork's injury may have been one of the more devastating injuries on the team, but certainly not the only one. There were quite a few injuries on the team this year, which meant positions needed to be filled.

"Kids that normally get substitutes are stepping it up," said Bjork.

Each player has been taking on their own role, although some girls have little varsity experience and may be lacking much needed confidence in themselves and the team.

"When they're doing something wrong they do a good job at improving and changing it. They have a good work ethic," said Bjork.

Bjork likes spending time with everyone and being with the team, but it's no mystery she'd much rather be out on the field playing with the girls she's played with since fourth grade.

"It's hard when people say they miss me playing. It's really hard to hear," said Bjork.



1 Junior Goalie Blake Schmidt blocks a shot as Sophomore Joe Hayes and Middle Schooler Gunnar Goodmanson attempt to score. Schmidt is returning this year as the team's starting goalie. 2 Skating toward his net, Sophomore Cale Ehresmann looks for a pass to a teammate. 3 Sophomore Jack Patnode takes a shot on net during a practice. Team members practiced daily. Photos by Nick Weeks

A COMMON GOAL

Since a young age, hockey players have aspired to become Conference champions

ANGELAROBASSE
STAFF WRITER

In the United States, the average age to start playing hockey is three. Junior **Sam Klein** started his hockey career when he was three years old. Since then, he's been aspiring to be a part of the varsity team, a dream that includes an expectation of a Conference championship. Last year was the first time in four years that the boys' hockey team did not win the Conference championship.

"I've been playing for 13 years," said Klein. "My dad just started me up because he played when he was a kid and wanted me to try it."

Spending 300 hours a year practicing and also playing 40 games, the typical hockey player travels 1,700 miles per season to get to games.

"My definition of a champion is someone who is dedicated to the game," said Klein. "They do everything to stay on top and beat out opponents."

Having three hours of practice and usually two games per week, it can be hard to manage everything including school work, work, family events, and social gatherings.

"Family life for sure," said Junior **Tyler Burg**. "I don't get home at the earliest until seven at night, then I have homework, and on Saturdays I even still have hockey. Academic life, I don't always have the time or energy to sit down and do it."

With only seven senior players on this year's team, the other 14 younger players will be expected to step up.

"It's a new season, so we are starting fresh and it is a goal for the team to be Conference champs

again," said Senior Captain **Nick Jones**. "And to get there we need to play as a team, not individuals."

Last season Rogers, the team's biggest rival, won Conference with a record of 15-9-3, compared to the Bison's 7-18-1 record.

"Even though it was a challenging season with such a young team, there is nothing better than playing the sport we love," said Burg.

Coming into a new season last year as a junior captain, Jones was excited to be playing every game. But about half way through the season Jones got checked into the boards at a home game against Rogers and got a concussion.

"It really sucked," said Jones. "I really wanted to play and it was frustrating not being able to play, and having to just watch. Time was the only thing that would heal it."

For most people, being injured is the worst thing that could happen in the middle of the season, especially when an athlete has a pre-game routine that gets interrupted due to injury.

"Before a hockey game I am more in the zone compared to other sports," said Burg. "I listen to music and just think about the game. I don't really get hyped. I'm more calm and relaxed so I can play at a good level. If I get hyped I don't usually play well."

These players are trying to make their dream a reality with their season opener in Plymouth at the Wayzata Tournament on November 26.

"I love the game, it's fun and it's a great opportunity," said Jones. "It's unexplainable, but it's a special game and I'm fortunate to be able to play it."

A Unique



TEAM MANAGER
Senior Nick Weeks

"It's very tempting because as a former player you want to play out there but at the same time you want to help the team out in the best way possible."



COACH
Senior Calli Durst

"I have the chance to see and work at things from both an athlete's and a coach's point of view. I coach because when I am older and out of college I want to coach so this is just giving me more of a head start."

Point of View

ONE STEP TOO FAR

Hazing becomes an issue for a number of Minnesota schools over the past year

ELISABETH LEIPHOLTZ
SPORTS EDITOR

Hazing has taken place in a number of Minnesota schools and has become a popular subject in recent news. The somewhat unfamiliar term 'hazing' is used to describe rituals that may involve harassment, abuse, or humiliation as a way of initiating a person into a group. Although many hazing incidents go unreported by victims, others become large scandals in small towns.

Recent attention has been shifted towards the Elk River Varsity Football Team after alleged hazing incidents occurred. The said incident involved athletes wrestling other athletes to the ground, then striking or poking them with broom handles on or near the buttocks. The players were wearing their football equipment at the time. A parent contacted the school, and in response Superintendent **Mark Bezek** suspended all Elk River football practices and scrimmages until further notice, but did not immediately suspend any individual athletes. School officials interviewed about 50 members of the team and quickly realized that this wasn't an isolated incident.

"The AD at Elk River is a personal friend," said Activity Director **Thomas Bauman**. "He works really hard to be proactive and improve the program. Hearing about things like this troubles me because of the fact that the human condition can tolerate actions like that and it saddens me because the district gets a reputation that is unfair to so many kids and staff."

Elk River is not the only Minnesota school to suffer from the consequences of hazing. Last spring, the Eden Valley Varsity Baseball team was accused of it. This accusation was placed after a 27-0 record and a State Title, so the criminal investigation was ongoing after the season had ended and players had graduated. The allegations were that several players held down a teammate, pulled his pants down, and sodomized him with their fists.

"If that happened here, I would so embarrassed to even walk around," said Junior **Tyler Burg**. "I couldn't imagine the harassing behavior from opposing teams. I would never dream that that would happen to us. The only reason I can think they would do it is to be funny and seem like they're cool around other teammates."

According to hazingprevention.org, 36% of students say they would not report hazing

primarily because "there's no one to tell," and 27% feel that adults wouldn't handle it right. iPhone recently developed an Anti-hazing App that allows people to learn about hazing and gives them the ability to report it.

"I wouldn't report it if I witnessed it," said Senior **Nick Weeks**. "If you do, it's more like you're a narc and ratting people out, but I would say something to the person because hazing shouldn't be accepted here or anywhere else for that matter. You just can't narc on people, because you lose their respect."

While Buffalo High School seems to have a solid reputation of being accepting and respectful, is it possible that hazing happens behind closed doors?

"I like to think no," said Bauman. "But that will always be my answer to these types of things. I like to think they don't happen here. If there was an accusation, I would investigate immediately. It never hurts to do that."

Although much focus has been given to sports-related incidents, there are other types of hazing. At Champlin High School during Homecoming week, seniors were accused when they allegedly saran-wrapped junior classmates to trees and force fed them hot sauce and ketchup until they vomited. The administration doesn't turn their heads the other direction. They are just unaware of certain instances, like incidents that take place outside of school.

"Last year, a kid showed up at a party that he wasn't invited to," said an anonymous student. "He got jumper cables shoved up

his butt and everyone called him 'Jumper' after that. He moved out of the district and doesn't go to school here anymore."

Hazingprevention.org states that 1.5 million high school students are hazed each year, whether through athletics or outside of school, and that 95% did not report it.

"Hazing is wrong even before the victim feels it's wrong, and when the victim feels it's wrong, they've already fallen off the cliff," said Bauman. "People always say that respect goes two ways, but there are more than two people in our school. Respect goes all ways. Student to student, staff to student, and culture to culture."

"I wouldn't report it if I witnessed hazing. If you do, it's more like you're a narc and ratting people out, but I would say something to the person doing it."

-Senior Nick Weeks

Athletes React

"I would be the first person to report it, because I want what's best for our team as a whole. If some kids on the team are willing to haze other kids, then they shouldn't be on the team to begin with."

-SENIOR RACHEL MUSSELL



"I can't imagine it ever happening on our basketball team. We have a lot of respect for each other, including all the younger kids. We have all worked for our spots and I feel like it's the upperclassmen's role to be leaders on and off the court."

-SENIOR KEENAN BROWN

What actions would YOU take?

"I would first let my coach know, and then talk to the people doing it and tell them they need to stop."

-SOPHOMORE BEN LEIPHOLTZ

The number of nurses who serve the elderly and/or disabled is expected to grow by **74%**



A Nurse's Life

A profile of one of the fastest growing career paths in the State

HEATHER GERHARDSON & VANESSA ETZLER
STAFF WRITERS

She calls in the young, tan, blonde haired patient.

"Let me take a weight on you," the nurse said. After she steps off the scale, the patient - a little girl about seven years old - enters Exam Room Three and is put on the blue, short chair with no arm rests. The nurse re-enters the room carrying a syringe in her left hand. The little girl looks at her with a blank stare. The nurse tells the patient it's only going to feel like a pinch and then it's all over. The girl screams and cries as the needle slightly enters her bare, white arm. When it's all finished the patient asks, "Do I get a sucker or a sticker?" The nurse laughs as she hands her a bright red cherry sucker out of a big white bin. The patient pops the sucker in her mouth and leaves the room smiling away.

To get to this point, Nurses all have taken the same path. They all had to go to college for a minimum of two years, have good communication skills, and be able to work well with others.

In order to be what they have always wanted to be, Nurses Kris Fischer, Stephanie Gleason, and Patti Degerstrom had to go to college for three to six years. Fischer went to Worthington Community College for three years and has been a nurse for 17 years. She is currently working at Allina. Gleason went to Mankato State University for five years and has been a nurse for 15 years. She is currently the school nurse for Buffalo High School. Degerstrom went to Saint Kate's for five years and has been a nurse for 11 years. She is currently working in a hospital.

Gleason and Fischer said the reason that they

wanted to become a nurse is because they both love to help people, watch them recover, and like to see the success in them getting better.

"I have always known I wanted to be a nurse," said Gleason. "Having a job as a nurse's aid helped with the idea, and was nice extra money to have in high school and while attending college."

Being a nurse means not having as much family time, missing holidays with your family, but sometimes it can mean more time with your family, because you can adjust your schedule. It just varies and you never know when you're going to get called in Fischer explained.

"Being a nurse has helped even outside of the [high] school," said Gleason. "Having kids has helped me a lot. It's an advantage. It helps me to know what to ask the doctor and what to research, it also helps a lot with friends and family."

In America, recorded in 2004, there was 2.9 million registered nurses with 83% being employed in nursing. A nurse has many different opportunities to explore new jobs in the career of nursing. If a person gets tired of one nursing path they can take another. These may include nursing aid, registered nurse, licensed practical nurse, nurse anesthetist, or even being a school nurse. They all have different

stories and different experiences, it just depends on what nursing career a person chooses.

"One time a patient came in who was male and about 40 years old," said Fischer. "He was constipated and came in with a spatula in his butt. He had the spatula in there because he couldn't get the waste out. As I was trying to get the spatula out, it broke."

Gleason tells stories and memories she remembers when she worked back in the nursing home.

"At the nursing home we'd have an interesting story every day," said Gleason.

"There was an elderly lady who would stand on the dining room tables with her hands and feet spread out. Their minds aren't always completely there,

so it was funny to watch. I also remember there was this elderly man who would pretend that paper cups were real and he could use them as real phones. Whenever we would ask him or say something to him he'd tell us to 'shh.' Using humor in the nursing home is not always funny but it makes it light and fun for everyone."

Degerstrom, Fischer and Gleason have all built up an immunity to illnesses. Fischer and Degerstrom deal with 20-50 ill patients a week, while Gleason and other BHM school district nurses deal with over 300

ill students per day. When H1N1 came around, the amount of patients they saw was almost doubled, sometimes even tripled.

"Last year with the H1N1 going around I remember when people would walk into clinics and have to put on masks so they would not get anyone sick," said Fischer. "We went through so much hand sanitizer and tissues last year. I remember feeling disappointed because we couldn't really do much to help them and wasn't able to give them the shot, because that would have made it worse. Sometimes people could go months with the disease and we weren't able to help them as much as they or we wanted."

There's not just one type of nurse. They all have different career paths and options to choose. Some go to school longer, some go for a shorter amount of time. Nurses don't just take care of patients, they have a lot of other responsibilities as well, but of course their all time favorite part of it all is helping others become well and knowing they did their best.

"I remember being with a patient that was dying," said Fischer. "She was waiting to pass away until all her family members showed up. Finally the last family member arrived and they told the patient it was okay to go now, because everyone was all there. I remember her heart monitor beeping and there was no heart rate. She just passed away peacefully, once she knew everyone was there. I was happy to know I did my best to keep her comfortable when she was in that place of knowing she was going to die. We all did our best for her."

"I was happy to know I did my best to keep her comfortable when she was in that place of knowing she was going to die. We all did our best for her."

Nurse Kris Fischer

2.9 million
nurses are currently employed in the US.

Conquering the Inevitable

Freshman Tyler Pinor shares his perspective on living with cerebral palsy

JESSICA PETERSON
STAFF WRITER

Students swarm the hallways, always scrambling to the next block. It can be a challenge for anyone to maneuver in the chaotic mess. This is the reason why Freshman **Tyler Pinor** is dismissed from classes early - to beat the rush.

"I'll tell you, it's incredibly hard to get through all those kids from place to place," Pinor said, sitting high in his fashionable wheelchair.

Pinor was born with Cerebral Palsy (CP), a disorder that occurs in one out of every 300 kids in the United States. CP is a disability in the brain that can affect how someone learns, thinks, and moves. Despite the drawbacks, Pinor continues to have an optimistic outlook on life.

His favorite activities include participating in fishing tournaments for the disabled as well as hunting, traveling, hatching caterpillars, and surfing the web. His taste in music is rock, mostly from the 60's, 70's, and 80's. Rap is definitely out of the question.

"There's no texture to it!" said Pinor, "It's just noise, practically."

Pinor has an extensive vocabulary, which persistently grows over time. When talking about standing on his own, he'll say his knees "buckle" rather than simply saying his knees "give out." Having a colorful vocabulary is a convenient tool for Pinor since most of his tests are done verbally. When he takes a test, an adult writes down his answers unless the test is computerized.

"Someone has to be there for me," said Pinor.

Being in a chair makes other tasks a little more difficult. Not every place is wheelchair friendly. Try

weaving through the aisles of a clothing department store sometime, or finding a place to eat at a restaurant where you can pull up at any table. Relatives' houses are occasionally a problem, and seeking a bathroom that's a perfect fit is a never-ending obstacle.

Having CP means a lot of serious surgery. One particular operation Pinor experienced lasted eight hours with two surgeons working, one on each side of his body. His last appointment was six years ago. He doesn't remember much about being in the hospital except for the "weird" breathing tubes up his nose. Pinor made a face,

"It was difficult to sneeze!"

Pinor's parents explained how there have been little medical advances in his lifetime. Nevertheless, knowledge of the condition now is more significant than what it used to be.

"If he had been born 15 years [earlier], doctors say he probably wouldn't be alive," said Pinor's mother, Wendy.

Times have certainly changed. Until 1975, disabled kids weren't even allowed to attend public schools. Other steps have been put into action. In any public building, handicapped bathrooms are required. Schools must have ramps and a disabled program, and any newer building that is two stories or higher should have an elevator. Installing an elevator at home is optional, but the Pinor family added one anyway.

Pinor feels like any other kid in the world. Although CP affects many of the physical aspects of the body, it cannot begin to dampen his spirit.



“There are over 5,000 children born in the United States with cerebral palsy, making it the most common developmental disability.”

The Boston Globe

“About 2 to 3 children in 1,000 are affected.”

Centers for Disease

Control and Prevention

“About 8,000 children and adults of all ages in the United States have cerebral palsy.”

National Institute of
Neurological Disorders and
Stroke