

The Hoofprint

Volume 40 Issue 1

Buffalo High School Friday, September 5th, 2008



Buffalo
2008

Special Summer Edition

Summer

Couch Potato



Photo by Joel Morehouse

A Buffalo High School Couch Potato sits on the family sofa -remote in hand- while continuously munching on Lays Potato Chips throughout a long summer day.

Another commonly known summer character is the Beach Bum, someone who takes joy in nothing but sand in between their toes, watermelon dripping down their chin, and the feel of a beach towel that won't stay flat.

"I really loved going to the beach with my friends this summer, I tried to go as much as I could," said Senior Beach Bum **Hailey Eder**. "I like to sit on the beach but sometimes it got so hot that I had to go in."

Some things to ask yourself if you think you could be a beach bum are: Is there a point in time during the summer where your bathing suit is not wet? Is there sunscreen, tanning oil, towels, and a bathing suit in your trunk at all times? And finally do you have tan lines that will last well into spring? If you answered yes to at least two of these questions then you could be a Beach Bum.

Symptoms of a classic couch potato include: frequently sleeping in past noon, continually munching on chips and snacks, and spending a majority of one's day in a seated position. Variations of this vaguely serious illness include the obsessive video-gamer, the napper, and the reality T.V. addict.

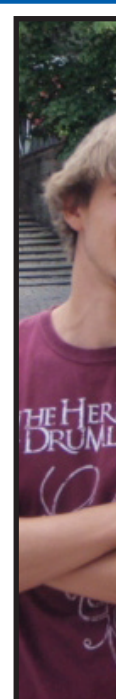
"Many of my nights were spent in an over zealous attempt to make sure nothing proactive happened" said Senior Couch Potato **Victor Johnson**. "In fact I became lazy enough to use a large stick as my television remote, so I would not have to stand up at all this summer."

Junior Lowell Engle talks to his friends at Pulaski Beach one hot summer day. Many students like to escape to the beach during the summer in order to relax and hang out with friends.



Photo by Joel Morehouse

Beach Bum



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What did you do?



Photo courtesy of Anna Lundeen

Ben Stephens, Al Gutkenect, and Anna Lundeen along with chaperon Scier Boyd Emmel pose for a picture in Germany during the summer.

Miranda Cole & Alyssa Lund

Features & Copy Editors

To most students, summer is a nearly unattainable, sun-filled paradise dreamed about during seemingly endless classes and lectures. As this homework-free oasis comes to an end with the beginning of the school year, students reflect on the habits and patterns they've built up throughout the summer. Are you a couch potato, a beach bum, all about your friends,

or are you a traveller? Summer is a truly delightful time of year to many students and residents of Minnesota. As school starts up again questions like "what did you do this summer?" Can be heard filling the recently deserted hallways that are Buffalo High School. Now that school has started up once again the signs of Winter knocking on our doors is hard to ignore, but the memories that come a long with each summer experience will not be left behind.

All about friends

traveller

Mexico, Costa Rica, Hawaii, and Florida are some of the few vacationing spots for students and their families during the summer. If you racked up your future flying miles on your way to lay on the beach in Honolulu or just went to visit Grandma in Washington almost all students are guaranteed some great times and memories for life, if not, some come out of things with a great family story or two.

"Germany was a really big culture shock to everyone on the trip," said Senior **Anna Lundeen**. "The way the youth is treated there is so much different than America."

Coming home from a long trip to some remote resort can be difficult, especially since you're most likely coming home to a new school year. You know it next summer will be here, and hey, there's always a break.



Photo by Joel Morehouse

Senior Tyler Sachetti poses for a picture with The Fresh French Fries Mascot at the Minnesota State Fair this summer. The State fair is a popular thing to do during the hot Minnesota summers.

Friends are a blessing, especially when they save you from spending the summer boxed up in your house baby sitting your little sister. Many students choose to spend the majority of their summer with friends; having a party, going to Valley Fair, having a sleep over, going to a family cabin, or just plain hanging out are some of the things students choose to do with their friends during the summer.

"My friends and I hung out a lot this summer, we actually went to Duluth a couple of times just for fun," said Senior **Becky Rein**. "Even if it was just sitting around, we tried to be together all the time."

But just because school is starting up again doesn't mean that friends have to be forgotten. After all, friends are what makes school fun on occasionally fun, right?



Back to Basics

New visions and drills are key this year

Above: Coach Charley Keifenheim instructs his tennis players during practice. Players used their coaches advice to better themselves for the upcoming season
Right Top: The offensive line practices blocking for the upcoming game.
Right Middle: Players take a break in between plays during practice.
Right Bottom: Coach John Gunderson runs a play during practice to help his team.



Left Top: Sophomore Ali Kiernan readies herself to hit the ball back to the other side of the court. The tennis team lost seniority last year and has been trying to rebound for the upcoming season.
Left Bottom: Freshman Alexis Sandberg practices juggling at soccer practice while on a short break. The soccer team has been practicing five days a week for four hours a day. After running for an hour at the start of practice the team works on various drills.



Graham Wyatt and Minnie Ostvig
Managing and Spotlight Editor

“We’re doing [our] stuff right this year,” said Senior Captain **Bruce Manz**. “We have more experience overall as a team and the potential to go pretty far.”

As the summer comes to a close and Bison sports rise again teams are coming together to set goals for the year with hopes of improvement.

“We want to be conference champions and make it to the championship game,” said Junior **Lucas Hein**. “We could probably achieve it if we keep working hard in practices like we have been. Everyone is working hard to make this a better team.”

Along with on-field progression, a major focus in the offseason has been making friendships throughout to improve team morale.

“The closeness as friends will take us far this year,” said Senior **Zach Mellon**, “We’re taking a serious tone to our goals.”

Even with high aspirations throughout practice the struggle to replace lost seniority from last year remains. Looking in a new direction, upperclassmen have placed themselves in a position of leadership unfamiliar to themselves in previously.

“We all just have to work really hard in order to have a strong team all together,” said Sophomore **Madalyn Nones**. “We have a lot of good leaders that have stepped up to

fill the shoes of the lost seniority from last year.”

Even with adjustments the teams are finding ways to stay optimistic and welcome the talent of their new and existing players.

“I think we’re going to do well and win lots of games,” said Sophomore **Rachel Mussel**. “We’re really talented as a team and we can all handle the ball well so we can score. Our talent is deeper this year; the subs coming in do just as well as the starters.”

With talent rising, a new outlook on practice has begun that differs from anything the Bison have done in the past.

“We’re doing training in Cross Country a little differently this year which will show some improvement,” said Mellon. “We have some new workouts and we’re doing a series of plyometrics, I think as far as the speed aspect we’ll be a lot faster towards the end of the race.”

With adjustments and new found seniority, high hopes remain for the players as some undergo their final season in a Buffalo uniform.

“For some reason it feel like this is it,” said Manz. “We want to make it the best it can be to remember it by. It’s our last year, we want to make it our best and do something with it.”